APS~ Project AWARE ~ Advancing Wellness & Resilience in Education

On January 26, 2016, President Obama put forward a plan:  Now is the Time— to protect our children and communities by reducing gun violence. The plan combines executive actions and calls for legislative action that would help keep guns out of the wrong hands. Join us and take action today by signing the pledge at www.LetUsMove.org or texting AWARE to 222822. Be a part of the solution and help make our schools safer and increase access to mental health services.

SAMHSA
APS~ Project AWARE ~ Advancing Wellness & Resilience in Education
NOW IS THE TIME
On January 16, 2013, President Obama put forward a plan — Now is the Time — to protect our children and communities by reducing gun violence. The plan combines executive actions and calls for legislative action that would help keep guns out of the wrong hands, ban assault and high-capacity magazines, make our schools safer, and increase access to mental health services.”
The Now is the Time Technical Assistance (NITT-TA) Center is the national technical assistance center for states, communities, and local education agencies funded under the Now is the Time (NITT) initiative. This TA Center is housed in SAMHSA.

Substance Abuse and Mental Health Services Administration
www.samhsa.gov • 1-877-SAMHSA-7 (1-877-726-4727)
Colorado was one of 20 states to be awarded as NITT- Project AWARE grantees
## Major State Goals

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<th>Goal</th>
<th>Description</th>
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<td>CDE builds infrastructure and capacity for implementing a coordinated, data-driven system for supporting the continuum of children’s mental health needs with students, families, schools and communities.</td>
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<tr>
<td>Partner districts build infrastructure and capacity for implementing a coordinated, data-driven system for supporting the continuum of children’s behavioral health needs with students, families, schools and communities.</td>
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<td>Partner districts promote social, emotional and behavioral health while reducing risk factors leading to mental illness and violence by implementing research-based programs, services and supports based on a their populations’ data.</td>
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<td>State Management Team (SMT) increases awareness across Colorado of mental health issues among school-aged youth, reduce stigma and promote positive behavioral health as part of overall health and wellness which is essential to learning.</td>
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<td>SMT develops models that sustainably finance the provision of high impact school and community-based behavioral health promotion and behavioral health services.</td>
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Aurora was chosen along with Fountain-Fort Carson and Thompson school districts to implement the Project AWARE grant.
APS PROJECT AWARE GOALS

- Promote social, emotional, and behavioral health while reducing risk factors leading to mental illness and violence by implementing research-based programs, services, and supports.
  - Supporting social, emotional learning (SEL) for all students through youth-serving adults
  - Providing training for youth-serving adults in suicide & crisis prevention, intervention, and post-vention

- Build infrastructure and capacity for implementing a coordinated, data-driven system for supporting the continuum of children’s behavioral health needs with students, families, schools, and communities.
  - Providing courses for staff to teach social-emotional skills
  - Providing mental health first aid training
  - Creating a referral system between school & community based behavioral health providers
APS AWARE TEAM

Jessica O'Muireadhaigh - Director of Social Emotional & Behavioral Health
Kim Kaspar - Project AWARE Coordinator
Erin Fawkes - Project AWARE Coach
Rachel Michelson - Project AWARE Coach
Bridget Jackson - Project AWARE Coach
Advancing Wellness and Resilience in Education